

November 7, 2023

Wellness Committee Meeting

In attendance: Carly Rinda, Ashleigh Rehrigh, David Reinbold, Michelle Allen

- I. Smart Snack list was reviewed.
  - a. School store is in compliance with all snacks and beverages being sold to students and faculty.
  - b. Discussion about smoothies: Culinary students can prep fresh fruit, utilizing knife skills, for smoothies. One flavor/week mixed with a plain yogurt.
  - c. Another option to look into will be a slushy machine.
  - d. Carly will also look into flavored water options to offer.
  
- II. Review and preparation for upcoming Cafeteria/Food Service Audit.
  - a. Audit planned for February.
  - b. Reviewed and discussed required indicators.
  - c. Reviewed required certifications needed by culinary staff.