

## **Wellness Committee Meeting 8/25/21**

### **Members Present**

- Brent Borzak
- AJ Burke
- Dylan Hofmann
- Maya Kowalczyk
- Stephanie Gombert
- Jalissa Kuehner
- Sandra Kohutka
- Jamilynn McFarland
- Ken Walters

### **Points of Discussion**

- Reviewed minutes from last meeting in May.
- Fresh air breaks will be implemented in both Technical Areas and Academic Classes.
- There will be Open Gym for Tech areas to utilize on B days. This will be supervised by the Gym Instructor.
- Fundraisers will be held this school year. There will be no food related fundraisers.
- SkillsUSA will hold a 5k this year. Date to be determined.
- The School Store (The Hive) will be open every day during the Academic lunch. It will also be open to the public.
- Smoothies will not be offered at this time.
- Planning is in place to have healthier snacks in the school store.
- Having Tech Areas visit the school store for a break in the day is an option.
- Yoga is going to be offered to Students and Staff on Thursdays. Permission slips may be required. Checking with Mrs. Schaeffer.
- Meeting adjourned.