

Preamble:

Page 1, paragraph 2 – not met, suggest water coolers in classrooms.
Page 1, paragraph 3 bullet 1- not met, suggest vending machines with healthy snacks
Page 1, paragraph 3, bullet 2 – met my plate is taught is PE
Page 1, paragraph 3, bullet 3 – partially met- limited activity before school. PE class is only offered only to 11th grade students and they are pulled out of PE for Keystone Prep. Suggest allowing students to use gym during homeroom. Students have access to sports at homeschools.
Page 2, bullet 3 – met. Hoop-a-thon, bowl-a-thon, walk-a-thon and jump rope –a-thon
Page 2, bullet 4 – partially met. Some gym memberships are free, suggest allowing staff to use school gym at 2:15pm
Page 2, bullet 5- not met, however we do not understand this requirement
Page 2, bullet 6 met- wellness committee

I School Wellness Committee:

Page 2, paragraph 1- partially met. Increase committee meeting to 4x/year
Page 2, paragraph 2 – partially met. Suggest advertisement of DWC meetings on website. Karolyn will recommend 2 students, (1 male/1female), for DWC. Suggest adding student guidance counsellor to DWC.
Page 2 paragraph 3 – met
Page 3, paragraph number 1- Unsure- who is the coordinator, and what is Appendix A?

2. Wellness Policy Implementation, Monitoring, Accountability and Community Engagement

Page 3, paragraph 1 – partially met. Will meet 4x/yr to ensure CCTI wellness policy is followed. Suggest becoming a member of Healthy School Program on line:

https://www.healthiergeneration.org/take_action/schools/

Page 3-4 Recordkeeping: met. Suggest posting on school website---ongoing
Page 4 Annual Notification of Policy : not met. Suggest posting on school website.
Page 4 Triennial Progress Assessments – bullets 1-3 met. Currently using the Alliance for a Healthier Generation’s model wellness policy. Progress is recorded in the minutes of each meeting. Triennial assessment contact info: Mr. David Reinbold dreinbold@carboncti.org

Page 5- Community Involvement, Outreach and Communications: not met. Include in newsletter, website, freshmen orientation and add to student handbook.