

AUGUST / SEPTEMBER MENU 2016

(MENU SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29. FRUIT JUICE HOT DOG/WW ROLL BAKED BEANS CARROT/CELERY STICKS FRESH FRUIT MILK	30. FRESH FRUIT TURKEY HOAGIE/WW ROLL LETTUCE/TOMATO GREEN BEANS SLICED APPLES MILK	31. FRUIT JUICE CHICKEN FAJITA ON WHOLE WHEAT TORTILLA SALSA/CHEESE SAUTEED ONIONS/PEPPERS BROWN RICE CHILLED FRUIT MILK	1. FRESH FRUIT BAKED CHICKEN PARMESAN WHOLE WHEAT PENNE PASTA W/MARINARA SAUCE SPRING MIX SALAD/DRESSING WHOLE WHEAT ROLL CHILLED FRUIT MILK	2. FRUIT JUICE GRILLED CHEESE ON WW BREAD TOMATO SOUP WWCRACKERS CELERY/CARROT STICKS FRESH FRUIT MILK
5. <b><u>ALTERNATIVE SANDWICHES AVAILABLE UPON REQUEST</u></b>	6. FRUIT JUICE WHOLE WHEAT PASTA / MEAT SAUCE STEAMED BROCCOLI MIXED GREENS WW ROLL CHILLED FRUIT MILK	7. FRESH FRUIT BAKED SAUSAGE IRISH POTATOES PEAS/CARROTS WW ROLL APPLESAUCE MILK	8. FRESH FRUIT CHICKEN CHILI BROWN RICE SPRING SALAD/DRESSING WW ROLL CHILLED FRUIT MILK	9. FRESH FRUIT ROAST CHICKEN SWEET POTATOES VEG DU JOUR WW ROLL CHILLED FRUIT MILK
12. FRUIT JUICE CHICKEN NOODLE SOUP GRILLED CHICKEN SALAD WW CRACKERS CHILLED PEACHES MILK	13. FRESH FRUIT MACARONI & CHEESE STEWED TOMATOES MIXED SALAD/DRESSING WW ROLL CHILLED FRUIT MILK	14. <b>NO SCHOOL</b>	15. FRUIT JUICE BBQ CHICKEN/WWROLL BAKED SWEET POTATO GREEN BEANS MIXED FRUIT MILK	16. FRUIT JUICE BAKED FISH BROWN RICE MIXED VEGS. WHOLEWHEAT ROLL FRESH FRUIT MILK
19. FRUIT JUICE BAKED HAM MASHED POTATOES CORN WW ROLL CHILLED FRUIT MILK	20. FRUIT JUICE VEGETABLE SOUP ROAST BEEF ON WW ROLL CARROT/CELERY STICKS FRESH FRUIT MILK	21. FRESH FRUIT TACO SALAD NACHOS/SALSA WW CRACKERS CHILLED PEARS MILK	22. FRESH FRUIT HOT DOG/BAKED BEAN CASSEROLE MASHED POTATOES TOSSED SALAD/DRESSING WW ROLL PEACHES MILK	23. FRUIT JUICE TUNA HOAGIE/WW ROLL LETTUCE/TOMATO GREEN BEANS CHERRY CRISP MILK
26. FRESH FRUIT BEEF NOODLE SOUP HOT HAM & CHEESE/WWROLL WW CRACKERS CHILLED FRUIT MILK	27. FRUIT JUICE BLT SALAD WW CRACKERS WHOLE GRAIN MUFFIN FRESH FRUIT MILK	28. FRESH FRUIT RAVIOLI TOSSED SALAD/DRESSING STEAMED BROCCOLI WW ROLL CHILLED FRUIT MILK	29. FRESH FRUIT TURKEY BURGER/WWROLL LETTUCE/TOMATO STEAMED CARROTS CHILLED FRUIT MILK	30. FRUIT JUICE FISH TACO/WW TORTILLA LETTUCE/TOMATO BROWN RICE NACHOS/SALSA FRESH FRUIT MILK

